



For Western Michigan University employees, their dependents and WMU retirees covered by the University's insurance plan, using Sindecuse Health Center yields significant savings and benefits.

## **Pharmacy**

Receive Rx medications at a discounted out-of-pocket cost:

30-day supply copay	Sindecuse pharmacy	competing pharmacies
first tier	\$10	\$15
second tier	\$30	\$35
third tier	\$40	\$60

Receive a 90-day Rx medication supply for 1.25X copay at a significant savings over other pharmacies. Ask your doctor to write an order for a 90-day supply:

90-day supply copay	Sindecuse pharmacy	competing pharmacies
first tier	\$12.50	\$37.50
second tier	\$37.50	\$87.50
third tier	\$50.00	\$150.00

- · Refill online or by phone and pick up at our drive-up window
- Low-cost over-the-counter medications also available
- Use Express Pay to deduct charges from your WMU paycheck

### **Clinic**

Choose an appointment time convenient for you

- Schedule a same-day appointment as available
- No copay when you see a provider or clinician at Sindecuse
- No out-of-pocket-cost immunizations
- Seasonal influenza vaccination clinics

# **WMU Sports Medicine Clinic**

#### for physical therapy and rehabilitation

- No copay when you see a physical therapist or orthopedic specialist
- Convenient on-campus, access to quick appointments
- Shorter wait times compared to community
- Same providers who treat WMU athletes and practice at community clinics
- Orthotics and gait evaluation

## Lab and X-ray

- Early appointments available
- No out-of-pocket-cost testing when you use lab services
- No copay when you need an X-ray
- Fast results

#### **International Travel Clinic**

- No copay
- One of a few yellow fever vaccine sites in Kalamazoo
- Prescribed medications available at Health Center pharmacy

## **Massage therapy**

- Convenient, on-campus appointments
- Visits covered by University insurance plan after deductible is met and with a physician's order

## **Nutrition counseling**

No copay